"PROMOTING FITNESS AND THE SPIRIT OF COMPETITION
WINNERS ALL"

OCTOBER 3 – OCTOBER 10, 2014
FOR PERSONS 50 YEARS AND BETTER

JOIN US IN A CELEBRATION OF LIFE AND WELLNESS
Welcome Athletes
To The
2014 Inland Empire Senior Games

LET THE GAMES BEGIN!

The City of San Bernardino Parks, Recreation and Community Services Department is delighted to bring back the Inland Empire Senior Games.

The Annual Senior Games are scheduled to take place Friday, October 3 through Friday, October 10, 2014.

Welcome back to those of you who have participated previously! To those of you who have not participated in the Senior Games in the Inland Empire, we extend an invitation to join us for another year of fun and friendly competition.

Competition in most events range from novice to experienced athletes, so there is something for everyone.

The Board has worked hard to make these games a success. We are pleased to be able to offer a setting that allows mature athletes to demonstrate their skills.

Sponsors and venues are to be commended for their support of these games. Their efforts provide the backdrop for senior athletes to excel at their personal best. We believe the best-attempt performance far exceeds the thrill of victory.

“Promoting Fitness and the Spirit of Competition”
“WINNERS ALL”

LaKeisha Jackson
Games Coordinator
THE 2014 INLAND EMPIRE SENIOR GAMES

PRESENTED BY:
CITY OF SAN BERNARDINO
PARKS, RECREATION AND COMMUNITY SERVICES DEPARTMENT

&
CO-SPONSORED BY:
THE LOMA LINDA DRAYSON CENTER
(BASKETBALL)

VENUE SPONSORS:

FIFTH STREET SENIOR CENTER (OPENING & CLOSING CEREMONIES)
SAN BERNARDINO

DRAYSON CENTER (BASKETBALL & 5K 10K WALK AND RUN)
LOMA LINDA

TOM SAWYER SWIM CENTER (SWIMMING)
RIALTO

PLYMOUTH VILLAGE (ART COMPETITION)
REDLANDS

THE POOL CLUB (BILLIARDS TOURNAMENT)
SAN BERNARDINO

PERRIS HILL SENIOR CENTER (HORSESHOES)
SAN BERNARDINO

SHANDIN HILL GOLF COURSE (GOLF)
SAN BERNARDINO
ELIGIBILITY & AGE DIVISION

Any person age 50 or older as of December 31, 2014, may participate in the 2014 Inland Empire Senior Games. Proof of age may be required. Age divisions are in five year increments: 50+, 55+, 60+, etc. There is no upper age limit. We reserve the right to cancel or combine age groups in any event due to insufficient entries or other conditions. The age division for all doubles and team sports is determined by the age of the youngest player as of December 31, 2014.

RULES

All competition will be conducted in accordance with the rules established by each Sports Federation and as modified by the U.S. National Senior Sports Organization (USNSSO).

AWARDS

Medals will be awarded to the 1st, 2nd, & 3rd place winners in each event for each division. Ribbons will be given to the 4th, 5th & 6th place finishers. The Venue Coordinator will present all awards at the completion of each event.

HOW TO ENTER

Turn to the Entry Form insert and choose the sport or activity of your choice. Select the events you would like to enter and mark them on the form. For Basketball, an individual form MUST be submitted for each player along with the TEAM FORM. The Team Captain must submit all forms together with the appropriate registration, event, and/or team fees.

FEES

A registration fee for each participant is $15, which covers administrative costs, T-shirts, medals, ribbons, program, opening ceremonies, gift bag, reception, and results book. IESG contributions are only paid once. Event prices for specific activities are listed on the Schedule of Events.

TEAM REGISTRATION

For team sports (Basketball) the captain is responsible for collecting each team members individual entry form and payment. All entry forms, fees, and team roster should be submitted together by the team captain. A team will not be processed for competition until the individual entry forms, signed liability waiver, team entry form, team roster, and contribution for ALL team members are received. Each team member must also register and pay the registration fee of $15. Basketball and Golf do not have to pay registration fee. Deadline September 25, 2014.
General Information

CONFIRMATION

For registrations received by September 19th, confirmation of Entry Application will be mailed to participants. This will include your individual schedule, details of special events, and a map to your sport venue(s). **If you have not received your confirmation by September 26, 2014, please call (909) 384-5430.** If you register after September 15th, your confirmation can be secured by phone at the venue/event.

NOVICE

You do not need to be an expert to participate in the Senior Games. All activities are open to novices and several events have separate divisions. Level of competition will vary from sport to sport.

REGISTRATION

Please sign in and pick up your packet at the Fifth Senior Center, located at 600 West 5th Street, San Bernardino, 1 pm - 5 pm, on Friday, October 3rd. After that, the Registration Desk will be open 8 am - 12 pm each day at the Fifth Street Senior Center. You should register and pick up your packet before your first event. If you are unable to pick up your packet during Registration Desk hours, you must pick up your packet at the venue of your first event (extra t-shirts $15 at Registration Desk). Registrations will be accepted through September 26, 2014.

CHECK-IN

Athletes may pick up their t-shirt, goody bag, and official program at the Packet Pick-Up Party or at their first event check-in. Check-in for most sports will be a half-hour before competition. **No t-shirts will be mailed out.** Athletes will only receive one t-shirt and goody bag regardless of how many sports they enter.

EQUIPMENT

Participants are required to provide their own equipment for the events entered. Please be sure to mark your personal items and do not leave valuables unattended. The City of San Bernardino is not responsible for the loss or damage of any athlete’s personal equipment.

SPORTSMANSHIP/CONDUCT

Unsportsmanlike or disorderly conduct on the part of competitors or coaches will be grounds for immediate removal and disqualification from competition without a refund.

UNIFORMS

All athletes must wear athletic-type clothing and shoes customary for the sport(s) in which they are competing. Team sports require like color and style numbered uniforms. Clothing and shoes that are inappropriate may be grounds for disqualification. The Venue Coordinator has authorization to make this determination. If you have any questions, please contact the Venue Coordinator at (909) 384-5430.
**General Information**

**ART COMPETITION**

**Delivery of Art:** Deliver art to Plymouth Village, Kendall Place, 120 E. Palm Avenue, Redlands, Friday, October 3rd, 11 am - 4 pm. Artwork will be displayed at Plymouth Village October 6th through October 9th, 11 am - 4 pm. Artwork must be picked up immediately following the Awards Ceremony scheduled for October 9th at 11 am. I.D. must be presented to retrieve artwork. **Judging:** The San Bernardino Art Association will provide a fully-qualified judge. **Specifications:** Watercolors and graphics must be under glass or plexiglass. ALL ARTWORK MUST HAVE SCREW-EYES AND WIRE ATTACHED ¼” (ONE-FOURTH) FROM THE TOP OF THE FRAME. ALL ARTWORK MUST BE FRAMED. Oversized artwork will be displayed at the discretion of the Chairman. **Liability:** All reasonable care will be taken to assure proper handling of entries. The City of San Bernardino Parks, Recreation and Community Services Department and Plymouth Village do not assume responsibility for damage or loss.

**MEDICAL ASSISTANCE**

Athletic Trainers and/or Physicians will be on site at most of the events. Emergency medical assistance will also be in place at most events. If you must be transported by ambulance, it will be at your own expense.

**EVENT CANCELLATION/POSTPONEMENTS**

In the event of inclement weather or unusual extenuating circumstances, Games Officials reserve the right to cancel or postpone outdoor events to a later time / date. During the games, call Games Information (909) 384-5430 if the weather looks uncertain. The City of San Bernardino also reserves the right to cancel any event due to insufficient entries and reserves the right to combine age divisions. Refer to the refund policy for refund information. **There will be no refunds for events cancelled due to weather.**

**ENTERING MORE THAN ONE SPORT**

Those entering more than one sport will only need to pay the IESG contribution once and must be aware of possible conflicts in the schedule. No competition will be delayed to remedy a conflict. No refunds will be given, and no schedule changes will be made to accommodate multi-sport entries.

**PROTEST POLICY**

An athlete desiring to make a protest regarding any aspect of a competition shall do so to the Venue Coordinator at the time of event. Initial protests may be oral or written. If an oral protest is denied, a written protest may be submitted to the Coordinator provided it is done within 24 hours of the circumstances causing the protest. The Coordinator will evaluate the protest and render a decision. All decisions are final and not subject to further appeal.

**REFUNDS**

**THERE WILL BE NO REFUNDS**
Packet Pick Up Party

Event: Pick up information and T-shirts  
Location: Fifth Street Senior Center, 600 West 5th Street, San Bernardino  
Date: Friday, October 3rd  
Time: 1 pm to 5 pm  
Dance: 3:30 pm – 5 pm (FREE)

Art
Sponsored By Plymouth Village

Media: Oil, acrylics, watercolors, mixed media, pencil, ink, collage, ceramics, photography and/or wood may be submitted.  
Location: Plymouth Village  
Date: Friday, October 3rd  
Observance: Friday, October 3rd, Monday, October 6th - Thursday, October 9th  
Time: 11 am - 4 pm  
$8 Per Art Work (Not To Exceed 3 Art Pieces)  
Delivery of Art: Hand deliver to Plymouth Village 120 East Palm Avenue, Redlands, CA  
Friday, October 3rd, 11 am – 4 pm. Telephone (909) 384-5430 or (909) 793-1233 x1290  
Awards Ceremony: Will be held on Thursday, October 9th, at 11 am at Plymouth Village, 120 east Palm Avenue, Redlands, California. Refreshments will be provided.

Tennis

Event: Singles, Doubles, Mixed Doubles  
Location: Perris Hill Park, 607 East Highland, San Bernardino  
Date: Saturday, October 4th  
Time: 8 am - 4 pm  
$8 Per Person/Per Event  
Rules: Matches shall consist of two sets using regular scoring. If there is a tie at one set apiece, a 12-point tiebreaker will be used to determine the winner.

5K, 10K Walk or Run

Event: 5K Walk or Run, 10K Walk or Run (5k = 12 laps, 10k = 24 laps)  
Location: Drayson Center, 25040 Stewart Street, Loma Linda  
Date: Sunday, October 5th  
Check In: 7:30 am Start Time: 8 am  
$8 Per Person/Per Event  
Rules: USA Track Rules apply. Individual medals to top three men and women in each age division.
**Basketball & Free Throw**

**Event:** 3-on-3 Half Court, Free Throw  
**Location:** Drayson Center, 25040 Stewart Street, Loma Linda  
**Check In:** 8:30 am  
**Date:** Sunday, October 5\(^{th}\)  
**Start Time:** 9 am  
**3-on-3 - $180 Per Team**  
*(IESG Contribution of $15 Does Not Apply)*

**3-on-3 Half Court Competition**

Age division will be determined by the age of the youngest team member. Each player must complete an individual entry form and sign the liability waiver. Teams must be the same sex. All registration and team rules apply to non-playing coaches, non-playing captains, and non-playing personnel. Non-playing coach/captains must sign the liability waiver. The number of entries per division will determine tournament format.

**Free Throw:** Four minutes is your limited time. You have three warm up shots, if desired. Twenty-five continuous shots. One point for each shot that is made.

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**Swimming**

**Event:** See Application for Event Listings  
**Location:** Tom Sawyer Swim Center, 1243 South Riverside Ave, Rialto  
**Date:** Sunday, October 5\(^{th}\)  
**Start Time:** 1 pm  
**8 Per Person/Per Event**

**Rules:** Swimmers must provide their own suits, caps, goggles, towels, etc.  
No More Than 4 Events

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**Billiards**

**Event:** 8-Ball  
**Location:** Pool Club, 1946 South “E” Street, San Bernardino  
**Date:** Monday, October 6\(^{th}\)  
**Start Time:** 1 pm  
**$8 Per Person**

Tournament format will be based upon number of entries per division. An overall championship round will be played following the age division brackets.

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**Horseshoes**

**Event:** Open  
**Location:** Perris Hill Horseshoe Pitts, 780 East 21\(^{st}\) Street, San Bernardino  
**Date:** Tuesday, October 7\(^{th}\)  
**Start Time:** 9 am  
**$8 Per Person / Per Event**

**Rules:** 40 shoes Per Person; No Leaners; Ringer 3 points (Each player's rings cancel points – Consecutive); Shoe within 1 shoe reach, closest gets 1 pt.
**Golf: 18 Hole**

**Event:** 18 Hole  
**Location:** San Bernardino Golf Course, 1494 S Waterman Ave, San Bernardino, CA 92408  
**Date:** Wednesday, October 8th  
**Time:** 8 am - Check in / 9 am Tee Time  
**Format:** Scratch $75 Per Person (IESG Contribution of $15 Does Not Apply)  
**Rules:** Rules will be sent out when application is approved. **SHIRTS WILL BE DISPENSED AT GOLF TOURNAMENT. SHIRTS WILL NOT BE GIVEN OUT AT PACKET PICK UP PARTY.**

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**Closing Ceremonies**

**MEXICAN FIESTA**

**When:**  
Friday, October 10, 2014

**Cost:**  
$10.00 Per Ticket

**Time:**  
5:00 pm to 9:00 pm

**Ages:**  
Open to the Public

**Location:**  
Fifth Street Senior Center  
600 West 5th Street  
San Bernardino, CA 92401

Come join us as we celebrate the Grand Finale of the Senior Games. Enjoy Fine Mexican Cuisine, catered by Plymouth Village with Live DJ by Sal’s Entertainment.

You may purchase tickets at the  
Fifth Street Senior Center located at 600 W. 5th Street, San Bernardino CA 92410.

**FOR MORE INFORMATION PLEASE CALL (909) 384-5430**
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<th>Last Name</th>
<th>First Name</th>
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<th>Birthdate</th>
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I will attend the following events:

**PACKET PICK UP PARTY**
Oct. 3rd, 1-5pm ________

**ART** (Open Competition) (Fee) $8 Per Art Work
- ___Oil
- ___Acrylic
- ___Watercolor
- ___Mixed Media
- ___Wood
- ___Pencil
- ___Ink
- ___Collage
- ___Ceramics
- ___Photography

**BASKETBALL** (Each Member Must Submit An Individual Application & Entry Fee)
- ___Free Throw (Fee) $8
- ___3 on 3 ($180 Per Team) *(IESG Registration of $15 Does Not Apply)*

**BILLIARDS** *(Open Competition)* (Fee) $8

**HORSESHOE PITCHING**
- ___Singles ($8)
- ___Doubles____($8) (Men & Women)

**SWIMMING** $8 Per Person/Per Event (Choose As Many Events As You Would Like)
- ___400m Free
- ___50m Breast
- ___100m Fly
- ___50m Free
- ___100m Back
- ___200m IM
- ___50m Fly
- ___100m Free
- ___50m Back
- ___100m Breast
- ___100 IM
- ___200m Back

**TENNIS**
- ___Singles ($8)
- ___Doubles ($8)
- ___Mixed Double

**WALK**
- ___5k ($8)
- ___10k ($8)

**RUN**
- ___5k ($8)
- ___10k ($8)

**CLOSING CEREMONIES**
Oct. 10th 5:00 pm to 9:00 pm
- ___ $10 Per Ticket
- ___ $75 Per Table (8 Per Table)
Participants Registration Includes:
*Game Shirt
*Goody Bag
*Medals, Prizes & Awards
*Printed Publication
*Entry Booklet

Venues Include:
*Confirmation Packet
*Official Programs
*Emergency Medical
*$10 Grand Finale Dance

Registration Fee
Total Event
Endowment Fund Donation (Tax deductible)
# Grand Finale Dinner Dance Tickets
@ $10 Per Person

Total Enclosed

Make check or money order payable to City of San Bernardino and mail to:
2014 Inland Empire Senior Games
600 West Fifth Street
San Bernardino, CA 92410
Attn: IESG Application Process
(Please do not send cash. Returned check fee is $26)

PHOTO & FILM WAIVER: I hereby grant full permission to the sponsor, their agents and employees and representatives to use my name, voice, and/or picture or film in any broadcast, telecast, advertising, promotion or other use in relation to the Inland Empire Senior Games. LIABILITY WAIVER: I, the undersigned participant, hereby agree to indemnify and hold harmless the organizers of the Inland Empire Senior Games (IESG), hereinafter sometimes referred to as sponsor, their agents, employees, and representatives and assigns, from any and all action or claims of whatsoever kind or nature which I or my representatives or assign may have or at any time in the future have due to any injury or property damage arising out of my participation in the IESG. I understand and agree that any dispute over injury or property damage caused by myself or another participant must be settled between the individuals. I warrant and represent the organizer that I have prepared myself for the event(s) which I have entered by practicing the same prior to my participation. I warrant and represent that I am in good physical health and condition; I am physically able to complete in the event(s), and know of no physical restriction whatsoever which would prohibit my participation on the IESG. I have been advised by the organizer that it would be in my best interest to consult a physician prior to my preparation for participation in this event. I recognize and understand that preparation and competition may necessitate strenuous physical activity and could possibly activate an unrecognized preexisting health conditions which I may have, thereby resulting in serious or life threatening physical harm to me. The organizer has my permission to have a physician treat me during my participation in the IESG.

*EVENTS, VENUES SITES, AND TIMES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

I have read this document, I understand it is a release of all claims and I assume all risks inherent in this event.

Signature___________________________________________________ Date__________________________
INLAND EMPIRE SENIOR OLYMPICS
OFFICIAL 2014 CORPORATE/TEAM ENTRY FORM

COMPLETE ALL INFORMATION BELOW (FORM MAY BE DUPLICATED)
INDIVIDUAL ENTRY FORM MUST BE COMPLETED FOR EACH TEAM MEMBER

TEAM INFORMATION

**CORPORATE / TEAM NAME

TEAM CAPTAIN/COACH'S NAME

STREET ADDRESS

CITY

STATE

ZIP CODE

(AREA CODE) DAYTIME PHONE NUMBER (AREA CODE) NIGHT TIME PHONE NUMBER

AGE DIVISION

**FOR CORPORATE DETAILS, CONTACT LAKEISHA JACKSON (909) 384-5430

FOR BASKETBALL

COMPLETE ALL INFORMATION (FRONT & BACK SIDES)
INDIVIDUAL ENTRY FORM MUST BE COMPLETED FOR EACH TEAM MEMBER.

INSTRUCTIONS & REGULATIONS

1) Age division will be determined by the age of the youngest team member. Proof of age may be required at event check-in.

2) Team Manager/Coach must complete and submit Team Roster, Team Entry Form, Individual Entry Forms and fees all together.

3) Each player must complete an individual entry form and sign the liability waiver.

4) Teams must be of one sex.

5) Athletes may compete with only one team per sport.

6) Team clothing must be of like design and color and should be numbered front and back.

7) Teams must have the following minimum number of players to start a game and are limited to the following maximum number of players on the roster. Roster changes can be made with the approval of the Venue Coordinator.

   - Basketball: Men’s – Minimum: 3, Maximum: 9
   - Basketball: Women’s – Minimum: 3, Maximum: 9

8) All registration and team rules apply to non-playing coaches, non-playing captains, and non-playing personnel. Non-playing coach/captains must sign the liability waiver.

9) Tournament format will be determined by the number of entries per division.

   Team registrations will not be processed until all forms (team & individual) and fees are received.
Place a check by your team’s sport

Basketball 3 on 3 ($180 Per Team)

Men [ ] Women [ ]

Corporate team (9+coach) $500
Unlimited event entries (exceptions
Art, Dancing, Golf & Basketball) includes 1
Dinner/Dance ticket

PAYMENT INFORMATION
- Total Team Entry Fees
  (Event/Team/Registration)
- Donation to Senior Games (THANK YOU! 😊)

Total Amount Enclosed:
MAKE CHECKS PAYABLE TO:
City of San Bernardino – 2014 IESG

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<tr>
<th>Team Roster (Forms may be Duplicated)</th>
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Basketball Event

Co-Sponsored By:

Loma Linda Drayson Center
ART COMPETITION
October 6th – October 9th

Chairman: Connie Garret (909) 793-1233, x142

Location: Plymouth Village, Kendall Place, 120 E. Palm Avenue, Redlands

Fee: $15 registration fee as a Senior Games Participants. Plus, artists may submit up to three entries for an additional $8 per art work.

Application: You must file an Official Senior Games Application with the City of San Bernardino Parks, Recreation and Community Services Department before delivering your artwork to Plymouth Village. Applications may be picked up and returned to The Fifth Street Senior Center, 600 West 5th Street, San Bernardino, CA 92410, or you may request an application be mailed to you. Entry deadline is September 25, 2014.

Media Specifications:
Oil, acrylics, watercolors, mixed media, pencil, ink, collage, ceramics, photography, and/or wood may be submitted. Watercolors and graphics must be under glass or plexiglass. All artwork must have screw-eyes and wire attached ¼” (one-fourth) from the top of the frame. All artwork must be framed. Oversized artwork will be displayed at the discretion of the Chairman.

Delivery of Art: Hand-deliver art to Plymouth Village, 120 E. Palm Avenue, Redlands, CA, October 3rd, 11 am - 4 pm.

Exhibition Dates: Artwork will be displayed at Plymouth Village, October 6th - October 9th, 11 am - 4 pm. Awards Ceremony will be held on Thursday, October 6th at 11 am at Plymouth Village. All artwork must be picked-up immediately following the ceremony. Present I.D. to retrieve your artwork.

Liability: All reasonable care will be taken to assure proper handling of entries, but the City of San Bernardino Parks, Recreation and Community Services Department and Plymouth Village do not assume responsibility for damage or loss.

Directions: From the eastbound 10 Freeway, take the Ford Street Exit and turn right. Turn right again at the light (Redlands Boulevard). Turn left at the second light (Palm Avenue). Plymouth Village’s Kendall Place is on the left side of the street at the corner of Salem Drive. –120 East Palm Avenue, Redlands, CA 92373
2014 Inland Empire Senior Art Competition
ART WORK DESCRIPTION

Name_________________________________Age___________Phone_____________
Address________________________________City_________________Zip__________

ART DESCRIPTION Medium)

Oil_______  Acrylic_______  Watercolor_______
Mixed Media_______  Pencil_______  Ink_______
Collage_______  Ceramics_______  Wood_______

Title:___________________________________________
Price: __________________  Frame Size:________________________

Name_________________________________Age___________Phone_____________
Address________________________________City_________________Zip__________

ART DESCRIPTION Medium)

Oil_______  Acrylic_______  Watercolor_______
Mixed Media_______  Pencil_______  Ink_______
Collage_______  Ceramics_______  Wood_______

Title:___________________________________________
Price: __________________  Frame Size:________________________

Name_________________________________Age___________Phone_____________
Address________________________________City_________________Zip__________

ART DESCRIPTION Medium)

Oil_______  Acrylic_______  Watercolor_______
Mixed Media_______  Pencil_______  Ink_______
Collage_______  Ceramics_______  Wood_______

Title:___________________________________________
Price: __________________  Frame Size:________________________

Photography Is Exhibition Only
Inland Empire Senior Games

........Winners All

Inland Empire Senior Games
600 W. 5th Street
San Bernardino, CA 92410
001-380-0076-5175

CITY OF
San Bernardino

National Senior Games Association®